

# Fortius Clinic Wimbledon Referrer Guide



First Class Service,  
World Class Care

# Where Excellence Meets Extraordinary



Fortius Clinic Wimbledon is a state-of-the-art outpatient and diagnostic centre at 22 Worple Road, serving the patients of Wimbledon and the surrounding areas.





## About Fortius Clinic

Fortius Clinic is the UK's largest single orthopaedic and MSK group, founded in 2009 by consultants who shared a vision to build a worldwide centre of excellence in musculoskeletal care. Today that vision is delivered by over 100 leading specialists at multiple locations throughout London including outpatient and diagnostic clinics, Fortius Surgical Centre, and a specialist joint replacement centre in partnership with Cromwell Hospital.

## Why refer to Fortius?

Fortius Clinic offers a truly multidisciplinary approach to musculoskeletal care, with surgeons, physicians and radiologists working collaboratively to provide outstanding care. Our consultants can diagnose and treat a wide range of patients, from elite and amateur athletes to patients with chronic arthritis and other more common orthopaedic injuries. Regular sub-specialty meetings discuss complex cases to decide on effective course of treatment, and our consultants lecture and present on their area of expertise internationally and at home.

Fortius operates a group approach, where orthopaedics and MSK is our super-specialty. At our core is an operating environment founded on a robust governance framework, service delivery models that are quality assured and an approach to outcomes that is innovative and far reaching.

## Services at Fortius Clinic Wimbledon:

- Outpatient consulting for orthopaedics, MSK and sports injuries
- Treatment and referral for orthopaedic surgery – ligament, soft tissue and spinal procedures
- Treatment and referral for joint replacement surgery - hip and knee replacements available with Mako robotic arm assisted surgery
- Sports and exercise medicine
- Rheumatology
- Pain medicine
- Radiology
- Therapeutic ultrasound techniques
- Diagnostic imaging includes 3T MRI, ultrasound and X-ray
- Nursing services for outpatient treatments, pathology tests, pre-assessment and post-op care

## Outstanding care and innovation

Fortius is rated 'Outstanding' by the Care Quality Commission, a reflection of the enormous dedication and compassion that we treat all patients with. The report praised our open culture, and holistic compassionate care.





## Enabling excellence in education

Fortius Clinic is committed to advancing knowledge and best practice in musculoskeletal medicine, offering a varied annual programme of education and CPD through monthly lectures, webinars and training days and a biennial international sports and orthopaedics conference.

Fortius Research and Education Foundation is a registered charity, raising and donating funds towards developments and research in orthopaedics as well as surgical fellowship programmes.

## Sports medicine

Fortius Clinic takes care of more elite athletes than any other provider in Europe, and many of our specialists hold clinical roles in sport. We look after the UK's premier football and rugby clubs and are proud to be one of the few centres in Europe accredited by FIFA as a Medical Centre of Excellence. We are an active partner with the Rugby Players Association and the official 'Health and Wellbeing Partner' for AFC Wimbledon.



# Specialists at Wimbledon

## Foot & Ankle



### Professor James Calder

Consultant Orthopaedic Foot & Ankle Surgeon  
MD, PhD, FRCS (Tr & Orth) FFSEM (UK)

+44 (0) 203 195 2430  
footandankle@fortiusclinic.com  
Clinic: Ad hoc



### Mr Ian Gill

Consultant Foot & Ankle Surgeon  
MB BS MSc FRCS

+44 (0) 203 195 2442  
gill@fortiusclinic.com  
Clinic: Mon PM/alt Thurs PM/Fri AM



### Mr Dominic Nielsen

Consultant Foot & Ankle Surgeon  
MBBS, FRCS (Tr & Orth)

+44 (0) 203 195 2442  
nielsen@fortiusclinic.com  
Clinic: Mon PM/Tues PM/Fri AM



### Mr Andy Roche

Consultant Foot & Ankle Surgeon  
MSc FRCS (Tr & Orth)

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footandankle@fortiusclinic.com  
Clinic: Mon PM



### Mr Peter Rosenfeld

Consultant Foot & Ankle Surgeon  
MB BS FRCS FRCS (Tr & Orth)

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footandankle@fortiusclinic.com  
Clinic: Fri AM



### Mr Ioan Tudur Jones

Consultant Foot & Ankle Surgeon  
MB BCh FRCS (Eng) FRCS (Tr & Orth)

+44 (0) 203 195 2436  
footandankle@fortiusclinic.com  
Clinic: Tues AM

## Hand & Wrist



### Ms Alice Bremner-Smith

Consultant Orthopaedic Hand & Wrist Surgeon  
MB BCH BSc FRCS (Tr & Orth)

+44 (0) 207 099 7791  
bremner@fortiusclinic.com  
Clinic: alt Fri AM

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### Mr James Colville

Consultant Hand & Reconstructive Surgeon  
BSc MSc FRCS (Eng) FRCS (Plast)

+44 (0) 203 195 2442  
colville@fortiusclinic.com  
Clinic: Mon PM

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### Mr Paul Davey

Consultant Hand & Wrist Surgeon  
BSc (Hons) MB BS FRCSEd FRCSEd(Tr&Orth)

+44 (0) 203 195 2442  
davey@fortiusclinic.com  
Clinic: Wed PM

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## Hip



### Mr Sulaiman Alazzawi

Consultant Hip & Knee Surgeon  
MBChB, MSc, MRCS, FRCS (Tr & Orth)

+44 (0) 203 195 2442  
alazzawi@fortiusclinic.com  
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### Mr Simon Bridle

Consultant Hip & Knee Surgeon  
MB BS FRCS (ENG) FRCS (Orth)

+44 (0) 208 947 9524  
bridle@fortiusclinic.com  
Clinic: Tues PM

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### Mr Richard Hampton

Consultant Hip & Knee Surgeon  
MBRS (Lond), FRCS (Eng), FRCS (TR & Orth)

+44 (0) 203 195 2442  
hampton@fortiusclinic.com  
Clinic: Thurs PM/Tues PM

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### Mr Phil Mitchell

Consultant Hip & Knee Surgeon  
MB BS BSc(Hons) FRCS FRCS (Tr&Orth)

+44 (0) 173 735 6411  
mitchell@fortiusclinic.com  
Clinic: Thurs PM

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### Mr Omar Sabri

Consultant Trauma, Hip & Knee Surgeon  
MBBCH, MS(Orth), FRCS(T&O)

+44 (0) 208 194 8544  
sabri@fortiusclinic.com  
Clinic: Tues AM/Thurs PM

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**Professor Ernest Schilders**  
Consultant Hip & Groin Surgeon  
FRCS FFSEM (UK)

+44 (0) 203 195 2442  
schilders@fortiusclinic.com  
Clinic: Wed PM

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**Mr Joseph Windley**  
Consultant Hip & Knee Surgeon  
MBBS, BSc ( Hons ) FRCS, ( Trauma & Orthopaedics )

+44 (0) 203 195 2442  
windley@fortiusclinic.com  
Clinic: Thurs PM / Fri AM

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## Knee



**Mr Bobby Anand**  
Consultant Knee Surgeon  
MBBS BSc (Hons) FRCS (Tr & Orth)

+44 (0) 203 488 0512  
anand@fortiusclinic.com  
Clinic: Mon AM/Tues AM

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**Mr John Dabis**  
Consultant Knee & Trauma Surgeon  
MBBS MRCS FRCS (Tr&Orth)

+44 (0) 203 432 3009  
dabis@fortiusclinic.com  
Clinic: Tues PM/Thurs PM

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**Mr Andrew Davies**  
Consultant Knee Surgeon  
MB ChB FRCS (Eng) FRCS (Tr & Orth)

+44 (0) 207 089 9319  
davies@fortiusclinic.com  
Clinic: Tues PM

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**Mr Martin Goddard**  
Consultant Knee Surgeon  
MBBS (Lond) MRCS (Eng) FRCS Tr & Orth (Eng)

+44 (0) 7503 376 637  
goddard@fortiusclinic.com  
Clinic: Wed PM / alt Tues PM  
& Thurs PM

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**Mr Hugo Guthrie**  
Consultant Knee Surgeon  
MBE MBChB FRCS(Tr&Orth)

+44 (0) 208 335 4636  
guthrie@fortiusclinic.com  
Clinic: Alt Thurs AM

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**Mr Giles Heilpern**  
Consultant Knee Surgeon  
MA (Cantab) MB BS FRCSEd (Tr & Orth)

+44 (0) 203 870 8997  
heilpern@fortiusclinic.com  
Clinic: Wed PM/alt Thurs AM

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### Mr Jonathon Lavelle

Consultant Knee Surgeon  
MB BS FRCS (Tr & Orth)

+44 (0) 203 195 2345  
lavelle@fortiusclinic.com  
Clinic: Mon PM/Thurs AM

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### Mr Andy Williams

Consultant Knee Surgeon  
MB BS FRCS (Orth) FFSEM (UK)

+44 (0) 203 195 2444  
williams@fortiusclinic.com  
Clinic: Ad hoc

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## Spine & Pain Medicine



### Mr Thomas Ember

Consultant Spinal Surgeon  
MBBS MRCS (Lon & Glas) FRCS (Tr & Orth)

+44 (0) 203 195 2442  
ember@fortiusclinic.com  
Clinic: Tue PM / Wed PM

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### Mr Damian Fahy

Consultant Spinal Surgeon  
BSc MB FRCS (Tr & Orth) Dip Orth Eng

+44 (0) 203 195 2336  
fahy@fortiusclinic.com  
Clinic: Wed AM

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### Dr Ramy Mottaleb

Consultant in Pain Medicine & Anaesthesia  
BSc MBBS FRCA FFPMRCA

+44 (0) 203 195 2442  
mottaleb@fortiusclinic.com  
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### Dr Damien Smith

Consultant in Pain Medicine & Anaesthesia  
MBBS FRCA FFPMRCA FLPF

+44 (0) 203 195 2442  
smith@fortiusclinic.com  
Clinic: Ad hoc

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### Dr Ben Thomas

Consultant in Spine & Pain Medicine  
MBBS FRCA FFPMRCA

+44 (0) 203 291 3111  
thomas@fortiusclinic.com  
Clinic: Wed AM

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## Shoulder & Elbow



### Mr Steven Corbett

Consultant Orthopaedic Surgeon  
BSc MB BS FRCS (Eng) FRCS (Edinburgh) PhD FRCS (Tr & Orth)

+44 (0) 203 195 2432  
corbett@fortiusclinic.com  
Clinic: Fri AM

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### Mr Ali Narvani

Consultant Shoulder & Elbow Surgeon  
BSc (Hons), MB BS (Hons), MRCS, MSc (Sports Med.)  
(Hons), MFSEM (UK), FRCS (T&O)

+44 (0) 203 815 3053  
narvani@fortiusclinic.com  
Clinic: Mon PM/alt Thurs PM

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### Mr Vipul Patel

Consultant Shoulder & Elbow Surgeon  
MS (Orth), FRCS (Eng) FRCS (Orth)

+44 (0) 208 335 5586  
vpatel@fortiusclinic.com  
Clinic: Tues PM

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### Mr Andy Richards

Consultant Shoulder Surgeon  
MB BS MS FRCS (Orth)

+44 (0) 203 195 2335  
richards@fortiusclinic.com  
Clinic: Alt Mon PM

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## Sports & Exercise Medicine



### Dr Justin Hughes

Consultant in Sport,  
Exercise & Rehabilitation Medicine  
MSc MBBS FFSEM (UK) MRCS (Eng) MRCGP DRCOG Dip SEM

+44 (0) 203 815 3056  
hughes@fortiusclinic.com  
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### Dr Bhavesh Kumar

Consultant in Sport Exercise and  
Musculoskeletal Medicine  
MBBS, BSc, MRCS, MRCGP, DPD, DFSRH, MSc, FFSEM

+44 (0) 203 195 2442  
kumar@fortiusclinic.com  
Clinic: Ad hoc

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### Dr Mark Ridgewell

Consultant in Sports & Exercise Medicine  
MBBS, FFSEM, MSc, DRCOG, Dip MSK US

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### Dr Anthony Waring

Consultant in Sports & Exercise Medicine  
MBChB, MSc, PGCert MSK Ultrasound, FFSEM

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warings@fortiusclinic.com  
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## Dr Justin Yeoh

Consultant in Musculoskeletal,  
Sports and Exercise Medicine  
MBBS MSc FFSEM PgDip (MSK USS)

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yeoh@fortiusclinic.com  
Clinic: Mon PM

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## Referring a patient

To refer a patient for a consultation or imaging

📞 +44 (0)203 195 2442

📠 +44 (0)203 070 0106

✉️ [appointments@fortiusclinic.com](mailto:appointments@fortiusclinic.com)

This line is open Monday to Friday  
8:00am to 8:00pm.

Refer a patient via our online referrer form

🌐 [fortiusclinic.com/fortius/health-professionals](https://fortiusclinic.com/fortius/health-professionals)

For more information on our services,  
education, orthopaedic training sessions  
or conferences email  
[communications@fortiusclinic.com](mailto:communications@fortiusclinic.com)

📍 Fortius Clinic Wimbledon

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Inspected and rated

Outstanding 

 Care Quality  
Commission